

# Don't Know How to Get Your Team Unstuck?

I do. Let me get your team moving forward with clarity and intentionality.



Your team is capable of far more than they're currently delivering.

But the reason they feel overwhelmed, disengaged, or ineffective isn't a lack of skill...it's a **lack of adaptability**.

Invite them to a **dynamic, choose-your-own-adventure experience** that engages them and equips them with practical tools they'll use right away to **sharpen thinking, improve collaboration, and strengthen focus** in changing environments by leveraging science like adaptability intelligence, mental flexibility, and unlearning.

## WHAT YOUR TEAM GAINS

1. Clarity to identify the right problems
2. Creativity to generate better solutions
3. Collaboration skills that drive alignment
4. Resilience and grit to stay focused when things get tough

## PROGRAM FORMATS

### Keynote (30 - 60 mins)

High-impact experience for conference, all-staff or leadership events

### Workshop (60 mins - 6 hrs)

Hands-on learning for teams

### Team Retreat (1 - 2 days)

Immersive reset for teams ready to refocus, reconnect, and re-energize

## ABOUT ERIN RAMIREZ

Organizational scientist and former Head of Change Readiness for a global Fortune 500 company. Erin helps leaders and teams build adaptability skills to thrive in today's fast-changing environment.

## WHY CHOOSE THIS

- Most CEOs rank adaptability as the #1 skill needed in the workplace
- Results in better decisions, stronger collaboration & faster execution
- Supports your environment: Adaptability boosts performance by 24% and retention by nearly 3x.
- Proven impact: Highly adaptable teams outperform others by up to 60%

"Erin truly listened to what we wanted and delivered 100%... I'm already applying what I learned."  
- Karen Weber, Paychex

## LET'S CHAT

Reach out to schedule a call to explore options for your next event.

Email [erin@realchangestudio.com](mailto:erin@realchangestudio.com)

Visit [realchangestudio.com/speaking](https://realchangestudio.com/speaking)

Coaching and consulting also available.